



Help From My Friends, Inc.

Help From My Friends, Inc. is a public charity. Organization identification number 38-3605652 section 501C (3). As a nonprofit Help From My Friends operates on donations without county, state or federal funding.

3820 Ritt Road · Bellaire, MI 49615 (231) 533-4070 helpfrommyfriendsinc@gmail.com helpfrommyfriends.org Facebook -

/helpfrommyfriendspetcrisiscenter

Mission Statement

To provide shelter and resources for pets who are owner relinquished.

Center Hours

Tuesday - Saturday 10-Noon Afternoons by appointment Closed Sunday and Monday

Check our website and Facebook page for information and events throughout the year.

Help From My Friends loves to hear from adults and kids! Send us your stories, jokes, drawings, and pictures.

Help From My Friends reserves the right, without further consideration, to use all entries in any publication, media and related promotions.

Please keep a copy for yourself, entries can not be returned





REMEMBER when you have shopping to do -



Help From My Friends receives a portion of the sales from this site. Please give it a try, it doesn't cost you and we get a donation! You'll also find a link to this site on

helpfrommyfriends.org

For those in the Antrim County area... If you save your receipts (including gas receipts) from the Central Lake, Elk Rapids, and Rapid City Village Markets, or any Family Fare, please mail them to:

Help From My Friends' Pet Crisis Center 3820 Ritt Road · Bellaire, MI 49615 A portion of their Community Cash program

will be donated to the center

2

Our Cover Adoptable



Need a little color in your life?

Athena is so beautiful and would make a great best friend! She is 3 years old, spayed, up to date on vaccines, negative for FeLV & FIV and microchipped.

Athena gets along with kittens, young cats and would warm up to a gentle dog.



Wish List...

Below is our wish list of items the center will need to keep stocked. Any donation is appreciated and needed!

- Cat Beds
- Cat & Dog toys
- Cat & Dog treats (nutritional ones)
 Thick paper towels
 - Dishwasher Pods

Postage stamps

Recycled newspaper cat litter

- Laundry Pods
- Money for pet supplies and veterinary services
- Motivated volunteers ③

Check out our wish list on amazon.com (Look for the box on our website: helpfrommyfriends.org)

Leaving a Legacy to the Pet Crisis Center

What is it that you want to be remembered for? Is your love of animals one of them? A bequest is an easy way to do that. This can be made through your will or trust in any of these ways:

- Specific dollar amount
- Specific assets
- Percentage of your estate

- Residue of your estate

For more information contact Help From My Friends at 231-533-4070

To cut costs and save funds for care of the animals at the Pet Crisis Center, we have discontinued inclusion of a donation envelope in the newsletter.

This DOES NOT mean we no longer need your financial support. Please, *if you can donate, clip this form or send a note with your donation and* include your information so we can send you a receipt. Thank you!

Name_____

Address _____

City___

Email

State Zip

Please mail your donation to: Help From My Friends • 3820 Ritt Road • Bellaire, MI 49615 ·

Memory Of

In Memory of

BJ Anderson Bob & Bethany Hawkins Jeff Heddles Brigitte Anderson Debrah Bosma Robert & Diana Milock

Roger Bertossi Bertossi Family Doug & Dottie Lualdi

Nancy DeWeese Meredith Kadlec

Lena Risteau Wojan Window & Door

Crystal Swain Bonnie & Doug Richards

In Loving Memory of all the little ones, we have lost over the years Carol & Tom Artusi

> Murphy and Riley Michael and Sandra Lininger



Harold Hubbell Lillian McLachlan

> Casey Jan Schilling

Andrew Clay Shirley Jarecki

Niko K9 Officer (Dave & Allison Curry) Lynda Wolf

Freckles, Pam Garrett's loving dog Lynda Wolf

> Jan Massey Therry & Jim Colombo Donald Davison Marleen Friedrich Denise Maggard Karen McGee Bob & Nancy Rodriguez Mary Anne Roux Betty Stephen Arlene Westhoven

Honor Of

In Honor of

Judy Card's Birthday Bellaire Birthday Girl Luncheon Group

> Mary Morrison Sandra Kaufmann

Tucker & Susie (center alumni) Robert & Marianne Shackleford

Send your donation and In Memory Of *or* In Honor Of to: Help From My Friends 3820 Ritt Road Bellaire, Michigan 49615

Angels appear in many different forms to hold your hand through the difficult times. — Doreen Virtue

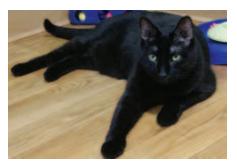
Adopt-A-Pet!



Jax is 3 months old and full of energy! He would do well with another kitten or playful cat. Jax tested negative for FeLV & FIV, up to date with vaccines, neutered and microchipped.



Raven is Jax's sister and is a Tortoiseshell kitten. She too is full of energy and would love a home with another kitten or playful cat. Raven tested negative for FeLV & FIV, is up to date with vaccines, spayed and microchipped.



Wink is a large 4 year old black cat. He loves to play and then snuggle in when playtime is over. Wink is neutered, negative for FeLV & FIV, up to date with vaccines and microchipped.

Happy Endings and Happy Times Here at the

Spring 2018 Gloria gave birth to **10** puppies! It was a lot of fun catching up Spring 2019 with the Facebook Birthday Reunion.

Maisie loves to have fun, and knows how to sit, lay, and play dead. She gets along great with playing with

Victoria, now Ghost

Ghost loves to fetch, play outside and check out anything she finds.

the kids and loves the cat.

Martha, now Gracie

enter!

What a fun 1st year her family had with her. She is fun, high spirited and a joy to be around.

Robert, now Dash

Bernard, now Bonzai

with his mom, dad, or ca-

nine big sister and will fetch

forever. He likes to make new

friends and play with other dogs.

Bonzai loves snuggling

Dash loves his boys and his big brother Cooper. He goes to work every day with his Mom.

Josie, now Mega



Mega was the runt of the pack however now she is energetic, snuggly and loves to play with the family cat, Sabrina.

Truman, now **M.O.D.O.K**

The Mongrel Organism Designed Only for Kisses or M.O.D.O.K. is all about the fetch life. He would chase the ball nonstop if his family let him.

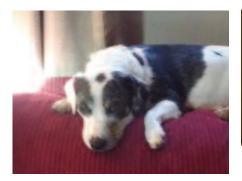
Victor

Here is Victor the Wonderdog! He was the last of the litter to be adopted and found his superpowers with his new family.



Roger was born blind and deaf, he was adopted with Albert. The boys have a big brother, Roy, who watches over them and loves to snuggle and play with them.





Gloria, now **Zoey**, follows her Mom everywhere. She loves to go on walks, car rides and cuddling. Zoey would like to thank the people who adopted her puppies and providing them a good, loving home so she can enjoy her retirement with no worries!



Dodger, now **Joey**, spends his days napping, traveling to see family, or bird watching. It's a rough life but someone has to do it.



Luke found his match with sister Lola, they love to spend their time together either sunbathing in the yard, playing, or snuggling with their people!





Carl is sending in his headshots in attempts to win the award of cutest cat!! He sure has our vote! When Carl is not posing for the camera he loves playing with his feline sibling and entertaining the family.



Suzy knew how to stay warm last winter but also be ready for a sneak attack!



Russel and Zane, both center alumni, have snuggled into life together. Russel takes raising his kitten brother very seriously, lesson one was how to enjoy a good nap!

Rose found a great home

with the

most loving

people! She

isn't going to

want for any-

thing and

that's what

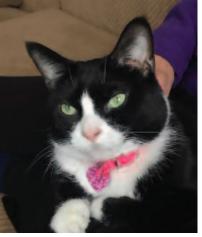
every cat

hopes for!



Reina, now queen of her home, spends her days being spoiled!

said goodbye to the center and started her next chapter as an explorer.



spends the winter in the sun and knows her way around the camper going back and forth from Michigan.





Clover knows all about the cushy cat life and thinks it's what kitty dreams are made of.



Mr. Kitty has the napping game on point, it was the *purrfect* way to get through the coldest parts of winter.



Know the Difference? Emotional. Therapy. Service Dog.

What Is the Difference Between an Emotional Support Animal, Therapy Dog and Service Animals

Do you know someone who is interested in searching for an emotional support dog? How about a service or therapy dog? Each of the three types has a different role, and the many terms can be confusing, but they aren't interchangeable.

Owners of dogs often speak about the benefits their pets offer in reducing stress and anxiety, helping them to complete daily tasks much easier. There is often debate about which breeds make the best therapy dog, but the truth is any breed can be trained for therapy work.

Instead of focusing on one breed, look for dogs with the right temperament. Service animals should be patient, gentle and affectionate. Focus on how these wonderful pets make you feel. Let's define each support animal and how they can help.

What is an emotional support dog?



Emotional support dogs are defined by their ability to comfort people through affection and companionship. Though they don't receive any formal training, they are a big help to those who suffer from mental and/or emotional issues.

You might be wondering how are they different from other service dogs? Emotional support dogs aren't required to perform any specific tasks needed to aid a person who is limited by a disability like service dogs are.

Because emotional support animals aren't required to undergo specialized training, they aren't allowed access to all public areas. But most notably, you've likely seen emotional support dogs flying with someone who has emotional or psychological disabilities. This is common practice as long as a letter is provided by a physician.

Their primary role is to provide their owners with emotional comfort. Emotional support animals can offer tremendous psychological benefits to an individual who has a disability. The gift of companionship and unconditional affection can be just the right therapy to counter a condition like debilitating depression.

Emotional support dogs provide comfort, a calming presence, and company. Emotional support dogs do not have access to all public areas, but there are two legal protections.

First, they can fly with a person who has an emotional or psychological disability. Second, they can qualify for no-pet housing. A letter from a physician may be requested by housing authorities and airlines because the use of emotional support dogs has been abused by some over the years.

There is no formal training needed to be an emotional support dog, which is why you may see some that are not the most well-behaved. However, there are some characteristics you'll want to know, so you have the best experience with your emotional support dog.



What is a service dog?



A service dog is trained to perform tasks and do work that can help alleviate their owner's disabilities. Service dogs are much more than highly trained companions; they have important jobs

Working as part of a team with their partners, service dogs help attain the safety and independence from which many disabilities would otherwise limit them.



Therapy dogs receive extensive training but have a completely different type of job from service dogs. Their responsibilities are to provide psychological or physiological therapy to individuals other than their handlers, who are usually their owners.

These dogs have stable temperaments and friendly, easy-going personalities. Typically, they visit various institutions like hospitals, schools, hospices, psychotherapy offices, nursing homes and more.

Unlike service dogs, therapy dogs are encouraged to socialize and interact with a variety of people while they're on-duty.

Many Thanks to our **Hardworking Volunteers** for all the time, love and tears they give for the cause... and to the following **businesses** and **individuals**.

- Antrim County Animal Shelter for their continued partnship.
- Antrim County Businesses for their support of the Silent Auction and other events.
- Antrim County Residents for their outpouring of support!
- Chris and Merrie Corbett for their continued support.
- Jack Bodis of **Creative Characters** in Central Lake for his help in the formatting and printing of this newsletter.

Donors of \$50 or more

Brigiette Anderson Peter and Sandra Asaro Amazon Smile Baird Foundation, INC Ann Baumgartner Bellaire Birthday Luncheon Group/ Judy Card Marlene & Dempsey Attridge Bell Elsie Berry **Roger Bertossi Family** Jerry & Marcia Bingham Alan Bliss & Jan McNish Leslie and Kevin Blissett Rodney and Deborah Bosma Ellen Breining Diane and Chris Brown Trudy & Wil Brown Joyce and James Burgess Jack and Nancy Camilleri Cindv Candield James & Jane Cerano **Robert Chambers Brigid Chappel Fidelity Charitable** Belinda Clark Chris & Merrie Corbett Mary Crump Naida Dewey **Donald Davison** Patricia and Gary Dubois Martha Dunning Larry & Rhonda Elliott Burt & Caroline Ellis Barbara Faas

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- Dr. Pantenburg and Bellaire Animal Hospital staff along with Dr. Ackler and Mancelona Veterinary Hospital staff for their dedication to the animals at the center.
- Village Markets for donations of community cash and Chili Cook-Off apple cider each year.
- Family Fare for support with Direct Your Dollar program.
- Ruthanne's Gourmet Bakery for their continued support.

All our AMAZING VOLUNTEERS! who keep the center running smoothly!

Bill & Mona Minish Eric & Jenna Minish Ron & Peggy Mira Julia Moran Spartan Nash – Family Fare community cash Network for Good c/o FB Donations Richard and Vickilyn Olsafsky Peter and Jean Persons Vinton Persons Gene and Kathy Plaggemars Ponemon Institute William Reske Lone Pine Restorations, LLC Bonnie and Doug Richards Bob & Nancy Rodriguez Judy Rose Ruthanne's Gourmet Bakery Julie Scheels Robert & Marianne Shackleford **Betty Stephen** Joan Tewes The Flying Pig The Pear Tree Thrivent Funds John and Karen Thumm Northern Tree Transplanting & Landscape Robert White & Lori Wheldon Rick & Rebecca Whiteherese James and Marilyn Wilson Lynda Wolf Kelly Zimmerman

Emotional Support? Therapy? Service Dog?

- Continued from page 6

How do you register your pet as an emotional support animal (ESA)?

Step 1: Meet with an expert

Schedule an appointment for a brief assessment with a licensed therapist.

Step 2: Get proof

Your ESA requires a letter from a mental health professional stating that the animal provides therapeutic value to its owner.

Step 3: Get registered

Register your dog online with a reputable nationally recognized, government-approved website. You'll be assigned an identification number for your pet and receive proof of registration such as a certificate or card you can present as necessary.

Adoptable pets in your area now could make great support dogs. Find a companion today!

@2019Petfinder.com

How to distinguish between 3 types of support animals

Service Dogs

Help people perform a function that is limited by a disability.

Therapy Dogs

Provide affection and comfort to individuals in hospitals, nursing homes and other facilities.

Emotional Support Dogs

Help individuals with emotional problems by providing comfort and support.

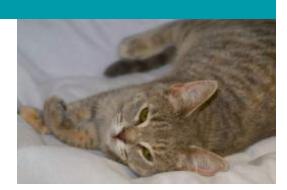
Adopt-A-Pet!



"I don't suppose you know someone looking for an older cat who would make a wonderful companion?"

Blossom wants you to know she may be older, but she still has a lot of love to give.

Blossom is twelve years young, spayed, up to date on vaccines, negative for FeLV & FIV and microchipped.



Sasha is a stunning kitten! Her markings are striking, exotic looking. She is a shy kitten and needs a home with another kitten or young cat Sasha is eight months old, spayed, up to date on vaccines, negative for FeLV & FIV and microchipped.

"Teaching a child not to step on a caterpillar is as important to the child as it is to the caterpillar." by **Bradley Miller**



Waiting most of his five years of life for a loving home, Andy came from a hoarding situation spending his time in a cat carrier. Not giving up, he waits for a loving family who will give him all the attention he craves.

Andy is neutered, up to date on vaccines, tested for FeLV & FIV and microchipped. It'll be a very lucky person who adopts Andy!

Odie is just 5 months old and looking for an active family who would love a BIG doa.

He is a German Shepherd mix and it shows. Odie learns guickly and is going to grow into a wonderful companion!

Odie is up to date with vaccines, on heartworm preventive, microchipped and soon to be neutered.

Fenced in yard required to adopt Odie.





